

THE ART OF SUCCESS

10 Questions That Will Get You Unstuck

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**ANSWER QUICKLY. GO WITH YOUR GUT.
DON'T SECOND GUESS YOURSELF.**

1. What one relationship is most important to you in your life? List five things you love about it and five things you would change (focus on outcome/what you would do differently, not on the other person)?
2. If all of your material needs were met and you could spend a year doing anything you wanted, what would it be?
3. What do people always ask your advice about?
4. If you had six months to live, which of your gifts would you share with the world?
5. What are your top three core values? On a scale of 1-10, rate how you prioritize them every day.
6. In what areas are you living in alignment with your values each day? In which are you not?
7. When was the last time you were really happy (9 or 10 on a scale of 1-10)? Describe the situation in detail, including where you were, who you were with, and what emotions you experienced.
8. If you have kids, what are the five things you want them to remember about you?
9. What's the biggest struggle in your personal or professional life?
10. A year from now, what will your life look like if you don't address that struggle?

NOW WHAT?

Which question struck the greatest chord in you? Work on that one first.



Every morning, ask for insight about your question.



Journal your response.



Take daily action toward your goal.